

Animal No: 349619
Animal Wt: 36.1 kgs / 79.5868 lbs
Clinical No: 1128628
Record Date: 02-27-2024
Date Range: -
Printed On: 02-27-2024
Consulting Doctor: Stephanie Savino, DVM



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👤 Client Details

Name Dr Horn, Tim **Phone** 703-969-5791
Address 11966 Bluegrass Court 703-801-6315
Nokesville, Virginia,
20181

🐾 Patient Details

Name Marvila Da Ponta Da Pinta - AKA "Lady" **Age** 2 years 4 months
Sex Female
Species Canine **Referral** Dr Swanson, Mark -
Breed Portuguese Shepherd Dog Nokesville Veterinary
Clinic

📖 Client Summary

Cardiac Evaluation Report

Exam Date: 02-27-2024

Diagnosis

- Normal cardiac size, structure and function
- Normal sinus rhythm (heart rhythm) on in-office screening ECG

Medications

- No cardiac medications are needed at this time.
- Please continue Lady on her routine parasite preventatives (flea/tick and heartworm) as previously directed.

Additional Recommendations

Nutrition:

- As a precaution, we recommend a diet change based on evidence that some boutique, exotic and grain free diets (especially those high in legumes/pulses) are associated with development of dilated cardiomyopathy (heart muscle weakness) in dogs.
- Please avoid diets that are grain-free (containing peas, chickpeas, lentils or potatoes/sweet potatoes), diets that are limited-ingredient, or those that use a unique protein source (kangaroo, alligator, bison, etc.).
 - To learn more on grain-free diets and heart disease, visit:
<https://www.fda.gov/animal-veterinary/news-events/fda-investigation-potential-link-between-certain-diets-and-canine-dilated-cardiomyopathy> and <https://heartsmart.vet.tufts.edu/nutrition/>

Activity and Exercise:

- Lady may continue normal activity and exercise as she wants to do.

At Home Monitoring:

Marvila Da Ponta Da Pinta - AKA "Lady"
02-27-2024
Pg: 1 / 2

- Lady appears to be at low risk for clinical signs of heart disease. However, please monitor for signs of cough, respiratory difficulty, exercise intolerance, weakness, or lethargy. If you note any of these symptoms, please have Lady evaluated by a veterinarian.

Anesthesia/Fluid/Steroid Risk:

- With a normal cardiac exam, there appears to be a low risk for cardiac-related complications. However, there is a risk with any anesthetic event.

Reevaluation

- Please recheck as recommended with **Nokesville Veterinary Clinic** for ongoing wellness care.
- Please consider follow-up with **CVCA in 1 year** for a follow up consultation, physical exam, blood pressure, screening echocardiogram. If seeking to have continued OFA clearance for Lady, a recheck echocardiogram is required on a yearly basis. Please contact us or schedule an earlier appointment if Lady has any signs of heart disease or if recommended by Nokesville Veterinary Clinic in the future.

We thank you for trusting in CVCA to care for Marvila Da Ponta Da Pinta - AKA "Lady" today. Please feel free to call us with any questions or concerns.

Sincerely,
Stephanie Savino, DVM, DACVIM (Cardiology)
Team Lead: Danielle, CVA
Support staff: Aimee, Acadia, Monica, Veronica
